



FITNESS

PROGRAM HIGHLIGHTS

1. Provided 8 Successful Service Requests in Fall 21 for over 130 students.
2. Partnered with Wellness and AOD for our October fantastic Ghoulish Rave Dance Event.
3. Launched Downtown Campus Group Ex offerings.

GROUP EXERCISE PARTICIPANTS	1,310
UFIT PLAN APPOINTMENTS	326
AMERICAN RED CROSS TRAINING PARTICIPANTS	223
PERSONAL TRAINING SESSIONS	270



CLUB SPORTS

3 national champions: Dance, Dodgeball, Rowing- Women's Novice 4 and Women's Varsity 8

19 teams competed in their respective National Championships

Hired **6** event managers, **2** athletic trainers, **1** student supervisor/event manager.

40

CLUB
SPORTS

1,366

STUDENT-
ATHLETES



INTRAMURAL SPORTS

TOP PARTICIPATED SPORTS:

- Volleyball: 1,215
- Basketball: 842
- Outdoor Soccer: 573
- Indoor Soccer: 548
- Sand Volleyball: 538

3,584

UNIQUE
PARTICIPATION

19,384

PARTICIPATIONS

868

TEAMS

2,018

GAMES PLAYED



WELLNESS

Experimental learning and employment opportunities for 3 MPH students, 4 WIT students.

- 864 **Injury Care** Clinic visits
- 167 **STI Screenings**
- 62 **Wellness Events**



- Over 1,300 condoms, lube and dental dams given at RecFest (following Transitions) and over 600 condoms/lube given at Campus Life Night.
- First ever Sex Ed Week at GVSU - 13 events - 181 participants
- Presented about sexual health services at Transitions event to over **4,000 incoming freshmen**.
- The Injury Care Clinic (ICC) transitioned to a partnership with Trinity Health - Muskegon. The new partnership will increase access to student participants and the GVSU community.



ESPORTS

Laker Esports Center officially opened in January 2022. Partnered with the Movement Science Department to host a showcase event, which brought 13 high school teams to GVSU's Allendale campus.

PARTICIPANTS	601
LAKER ESPORTS CENTER ASSISTANTS	18



OUTDOOR ADVENTURES

CLIMBING CENTER ATTENDANCE	4,953
EQUIPMENT RENTALS	15
ACTIVITY & EVENT PARTICIPANTS	240
GROUP EVENTS	27
GROUP EVENT PARTICIPANTS	740

PROGRAM HIGHLIGHTS

- Coordinated a Fall Break backpacking trip for 17 students. A first for OA. Came back with all 17!
- Revamped and expanded the Climbing Center Team Building experience.
- Continued Intramural Bouldering League for 2nd year. It continues to grow.



MARKETING & SPECIAL EVENTS

- 8,503 followers combined on Facebook, Instagram, and Twitter
- RecFest: 400 students completed the prize form after visiting all stations.